

5K Run/Walk 2023  
Registration and Waiver  
Release and Consent Form

Each participant must fill out a form and sign the waiver at the bottom. Children 12 and under must be accompanied by a parent.

Registration is \$15 before October 1 and \$20 the day of for each participant (Tote Bag to the 1<sup>st</sup> 50 registered).

Saturday, October 28, 9:30AM Registration, 10:00AM, Start 187 Park Street, Malone (AHMC Rehabilitation)

If you need additional information, please contact AHMC REHAB at 518-481-2440. Form can be sent back to AHMC REHAB, 187 Park Street, Malone, NY 12953

**Participant Names:**

Adult \_\_\_\_\_

Child \_\_\_\_\_ Age \_\_\_\_\_

Child \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City,State,Zip \_\_\_\_\_

Phone \_\_\_\_\_

In consideration of the acceptance of my/my child's entry, I for myself or for my child, do hereby release and discharge the organizers of this walk and all other sponsors and organizers of all claims and damages, actions whatsoever in any manner arising out of my/my child's participation in this event. I attest and verify that I have full knowledge of the risks involved in this event and I am/my child is physically able to participate in this event. Further, I grant full permission to any and all partners of the 5K Race/Walk to use my/my child's name, photographs, videotapes, or any other record of this event for any legitimate purpose without compensation.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date